



Tour:

SUMMIT & STONE THE YOSEMITE EXPERIENCE

Destination:

Yosemite National Park & San Francisco, California, USA

Itinerary:

9-days / 8-nights total trip

SUMMIT & STONE: THE YOSEMITE EXPERIENCE					
Yosemite National Park, California					
Day	Meals	Morning	Afternoon	Evening	
1	D	Travel to Fresno, California; transfer to Yosemite National Park; hotel check-in at Yosemite Valley Lodge		Welcome Dinner, Gear Check & Guides Briefing: Goals, Grades, Safety Systems, Movement Coaching	
2	B, L	Yosemite Crag Day 1: Intro to Yosemite Granite		Champagne & Sunset at Sentinel Bridge	
3	B, L, D	Yosemite Crag Day 2: Crack Skills & Classic Routes		Dinner & Ranger-Led Astronomy Night Sky Program	
4	B, L	Guided Mist Trail Hike with a Yosemite Naturalist (3 - 4 hours)		Free Time / On Own	
5	B, L, D	Yosemite Crag Day 3: Multi-Pitch Prep + Movement Flow		Group Dinner & Sunset Photography Hour	
6	B, L, D	Yosemite Multi-Pitch Climb: Signature Experience		Celebration Dinner & Fire Pit Social	
7	B	Free time in Yosemite; prepare for departure	Transfer to San Francisco with lunch stop en route (pay on own); Hotel Check-In	San Francisco Bay Cruise	Free time in San Francisco
8	B, D	San Francisco Hop-On/Off Sightseeing		California Farewell Dinner / Fisherman's Wharf	
9		Travel to San Francisco International Airport; return flight home			



As with all sample itineraries, please be advised that this is an 'example' of a schedule and that the activities and hotels shown may be variable dependent upon dates, weather, special requests and other factors. Itineraries will be confirmed prior to travel.



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A Message From Our Team

At Hammock Expeditions, we believe adventure should wake you up - mind, body, and spirit. Every journey we design is crafted with purpose, built to push your limits, spark connection, and immerse you in the wild beauty of a place. Our trips blend challenge with culture, skill with story, and the kind of moments that stay with you long after you're home.

Whether you're climbing limestone towers, crossing mountain passes, or exploring a new corner of the world, we're here to create experiences that feel intentional, exhilarating, and deeply human.

— Michele & the Hammock Expeditions Team

Why Travel With Hammock Expeditions

Adventure travelers choose us because we design programs that are expertly organized, authentic, and crafted for real exploration. We obsess over the details - logistics, safety, pacing, local partnerships - so you can focus on the climb, the trail, the moment, and the joy of being fully present.

Our guides are seasoned professionals, our itineraries are built with intention, and our support is constant. You get the freedom to adventure boldly, knowing the foundation beneath you is solid.

What Sets Us Apart

- ❖ **Purpose-Built Adventures** — Every itinerary is designed to challenge, inspire, and connect you with the landscape and its people.
- ❖ **Safety, Structure & Professionalism** — Vetted guides, clear communication, and 24-hour support mean you can push your limits with confidence.
- ❖ **Hands-On, High-Impact Experiences** — Climbing, canyoning, trekking, skill-building, cultural immersion - we create moments that feel alive and unforgettable.
- ❖ **Traveler-Centered Design** — We balance intensity with rest, structure with flexibility, and challenge with comfort. You get adventure without chaos.
- ❖ **A Team That Lives Adventure** — We're climbers, trekkers, planners, and explorers who care deeply about meaningful travel. Your goals become our goals.

Our Commitment to You

When you travel with Hammock Expeditions, you gain a partner who understands the rhythm of adventure - the preparation, the anticipation, the challenge, and the reward. We're here to support your journey, elevate your experience, and deliver a trip you'll talk about for years.

We can't wait to adventure with you.

Michele, Christina, Izzy, Dana, Taylor, and the Team



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Summit & Stone: The Yosemite Experience

Yosemite National Park, California, USA

Climb into the heart of California's granite wilderness, where towering walls and golden light define adventure. This immersive journey blends technical mastery with the soul of Yosemite - from crack climbing and multi-pitch ascents to guided hikes and sunset socials beneath Half Dome's glow. Designed for passionate explorers, *Summit & Stone* celebrates precision, courage, and connection - a true ascent through the art of movement and the magic of the mountains.

Day 1 – Travel to California

Dinner included

Your journey begins with travel to California and a scenic transfer into Yosemite Valley, where towering granite walls rise above forests of cedar and pine. Upon arrival, check into your lodge and settle into the rhythm of the mountains - a chance to unwind, refresh, and breathe in the crisp Sierra air. As evening falls, the group gathers for a warm welcome dinner, the first moment of connection before the adventure ahead.

Yosemite: The Granite Heart of American Climbing

Rising in sweeping walls of golden granite, Yosemite is the birthplace of modern American climbing - a national treasure shaped by glaciers, time, and the bold imagination of generations of climbers. Its clean cracks, soaring faces, and iconic formations like El Capitan and Half Dome have inspired legends such as Royal Robbins, Lynn Hill, and Tommy Caldwell, whose groundbreaking ascents redefined what was possible on rock. Yosemite's granite is expressive and honest, demanding precision and rewarding flow, creating a climbing experience that



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feels both elemental and deeply personal. Every wall carries a story, every pitch a lineage, making the Valley not just a destination, but a living chapter of climbing history.

Why Yosemite Is a World-Class Climbing Destination

Yosemite is considered one of the greatest climbing destinations on Earth because it offers a rare combination of beauty, variety, and technical purity. Climbers can move from beginner-friendly crags to elegant multi-pitch routes, classic crack lines, and sweeping slabs - all within the same valley. The granite is warm, textured, and endlessly nuanced, turning each climb into a conversation with the stone. Add in Yosemite's breathtaking scenery, rich climbing culture, and the sheer concentration of world-renowned routes, and you have a place where adventure feels both elevated and effortless. For climbers seeking mastery, heritage, and unforgettable landscapes, Yosemite stands unmatched.



After dinner, you'll meet your Yosemite Mountaineering School guides for an engaging introduction to the days to come. Together you'll review gear, safety systems, and movement fundamentals unique to Yosemite's granite. This briefing sets the tone for the week: thoughtful preparation, expert coaching, and a shared commitment to challenge and discovery. It's the perfect start - calm, grounded, and full of anticipation for tomorrow's first climb.

Day 2 – Yosemite Crag Day 1: Foundations on Granite

YDS 5.4–5.6 | 6–7 hours

Breakfast & packed lunch included; dinner on own

Your first full climbing day unfolds on Yosemite's warm, textured granite - the perfect introduction to the Valley's unique movement style. After a short approach, your guides lead you through foundational skills: balance, footwork precision, friction techniques, and the art of reading clean crack lines. Today's routes are intentionally approachable, designed to build comfort and confidence while giving you space to settle into the rhythm of the



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rock. With thoughtful coaching throughout the day, you'll begin to understand why Yosemite granite is considered one of the most expressive climbing mediums in the world.

Return to your lodge in the late afternoon for time to shower, decompress, and enjoy dinner on your own. The pace is relaxed and flexible, giving you space to unwind and savor the satisfaction of your first Yosemite climbs before the evening's gathering.

As the light softens across the Valley, the group takes a short, flat walk to **Sentinel Bridge** - one of Yosemite's most iconic sunset viewpoints. Here, Half Dome glows gold and rose above the Merced River, its reflection shimmering in the water below. With champagne in hand, you'll share a celebratory toast in a setting that feels both intimate and unforgettable. It's a beautiful, effortless close to your first day on Yosemite stone, and a perfect beginning to the journey ahead.

Day 3 – Yosemite Crag Day 2: Crack Skills & Vertical Flow

YDS 5.6–5.8 | 6–7 hours

Breakfast, packed lunch & dinner included

Today you step deeper into Yosemite's climbing heritage with a full day dedicated to crack technique and vertical movement. After a short approach, your guides select routes that introduce the classic styles Yosemite is known for - hand jams, finger locks, laybacks, and the subtle art of reading granite. With patient coaching and thoughtful progression, you'll refine your footwork, build trust in your placements, and begin to feel the rhythm that makes Yosemite climbing so distinctive. The Valley's warm stone and sweeping walls create a setting that is both challenging and deeply rewarding, offering a perfect blend of technical growth and scenic immersion.

Return to your lodge in the late afternoon for time to unwind, shower, and relax before gathering for dinner. This evening's meal is a chance to reconnect, share stories from the day, and enjoy the camaraderie that naturally forms when a group learns and climbs together. The pace is comfortable and restorative - a gentle reset before tomorrow's multi-pitch adventure.

After dinner, the group joins a Yosemite ranger for a **guided astronomy program beneath the night sky**. Far from city lights, the Valley reveals a canopy of stars that feels impossibly vast. Through storytelling, constellation spotting, and insights into Yosemite's natural history, you'll experience the park in a completely different way - quiet, expansive, and full of wonder. It's a magical close to a full day on the rock, blending movement, learning, and the timeless beauty of the Sierra Nevada.

Day 4 – Guided Mist Trail Hike with Yosemite Naturalist

3–4 hours

Breakfast & lunch included; dinner on own

Today offers a refreshing shift in rhythm as you explore Yosemite on foot with a naturalist guide. The Mist Trail is one of the park's most iconic routes - a sculpted granite staircase that winds alongside the rushing Merced River toward Vernal Fall. As you ascend, your guide shares insights into Yosemite's geology, ecology, and cultural history, revealing the forces that shaped the Valley's dramatic landscape. The cool spray of the waterfall, the lush canyon walls, and the rhythmic climb create an experience that is both invigorating and deeply immersive. It's a chance to move, learn, and see Yosemite from a new perspective.



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The hike concludes by midday, leaving the rest of the afternoon open for relaxation and personal exploration. Whether you choose to unwind at your lodge, browse the Village Store, visit the Yosemite Museum, or simply enjoy quiet time beneath the pines, the pace is intentionally gentle. After two days on the rock, this lighter day offers space to reset and recharge before stepping back into Yosemite's vertical world for two more days of guided climbing.

Day 5 – Yosemite Crag Day 3: Multi-Pitch Prep, Technique & Movement Flow

YDS 5.7–5.9 | 6–7 hours

Breakfast, packed lunch & dinner included

After yesterday's scenic reset, today brings you back to Yosemite's granite with renewed energy and focus. Your guides select routes that build on everything you've learned so far - thoughtful crack sequences, clean face climbs, and movement challenges that invite precision and flow. This is the day where skills begin to click: footwork feels more intuitive, jams more secure, and your confidence on Yosemite's textured stone grows with each pitch. With expert coaching throughout, you'll refine technique, sharpen decision-making, and deepen your comfort on vertical terrain.

By mid-afternoon, you return to the Valley floor with that satisfying blend of progress and fatigue that comes from a full day of focused movement. The late afternoon is yours to relax, shower, or enjoy quiet time beneath the pines before rejoining the group. After three days of guided climbing, this gentle pause helps you settle into the rhythm of the week and prepare for tomorrow's final Yosemite climbing day.

As the sun begins to drop behind the granite walls, the group gathers for a relaxed dinner together, followed by a **sunset photography hour** in one of Yosemite Valley's scenic meadows. With warm evening light sweeping across Half Dome and the surrounding cliffs, your guides help you find the best angles and compositions - whether you're shooting on a phone or a camera. It's a beautiful way to close the day: shared food, shared creativity, and the quiet magic of Yosemite in golden hour.

Day 6 – Multi-Pitch Climb: Signature Experience

YDS 5.7–5.9 | 6–7 hours

Breakfast, packed lunch & dinner included

Your final Yosemite climbing day is designed as a **Signature Experience** - a culmination of everything you've learned and experienced throughout the week. Today's multi-pitch route highlights the Valley's most expressive granite, inviting you to move with confidence, precision, and flow. With your guides leading the way, you'll ascend pitch by pitch, practicing efficient transitions, anchor systems, and the elegant choreography of climbing as a team. The higher you climb, the more the Valley opens beneath you, revealing sweeping views that make this ascent feel both intimate and iconic.

As the day unfolds, you'll notice how much has shifted - how jams feel more secure, how body positioning comes more naturally, how Yosemite's granite reads differently now that you've spent time learning its language. This climb is less about challenge and more about celebration: a chance to savor the movement, the views, and the accomplishment of completing four guided climbing days in one of the world's most legendary destinations.

Return to the lodge in the late afternoon for time to relax and unwind before gathering for a **Celebration Dinner & Fire Pit Social**. With the evening light settling over the Valley, you'll share a final meal together - reflecting on the week's climbs, the progress made, and the camaraderie built along the way. After dinner, the group moves



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to the fire pit for a warm-glow social hour. It's an easy, joyful close to your Yosemite chapter, filled with conversation, laughter, and the satisfaction of a journey well-earned.

Day 7 – Yosemite Farewell & San Francisco Waterfront Arrival

Breakfast included; lunch & dinner on own

Your final morning in Yosemite begins with a relaxed breakfast and a gentle farewell to the Valley. After a week of climbing, hiking, and exploring, this slower start offers space to breathe, pack, and enjoy one last look at the granite walls glowing in the early light. You'll depart Yosemite late morning, stopping for lunch on your own before beginning the scenic westward drive toward the coast.

By mid-afternoon, the group arrives at **San Francisco's Pier 39**, one of the city's most vibrant waterfront districts. Known for its lively atmosphere, sea lions basking on the docks, open-air views of Alcatraz, and colorful mix of cafés and shops, Pier 39 offers an energetic contrast to Yosemite's quiet grandeur. After checking into your hotel, you'll have a moment to settle in before the evening's signature experience.

As the late-day light settles over the Bay, you'll board a **San Francisco Bay Cruise** departing directly from Pier 39. This relaxing, scenic voyage carries you past the city skyline, beneath the Golden Gate Bridge, and around Alcatraz Island - a beautiful, effortless way to experience the city from the water. With fresh ocean air, sweeping views, and the soft glow of sunset, the cruise offers a memorable welcome to San Francisco and a perfect transition from the mountains to the coast.

After returning to the pier, dinner is on your own, with countless options within walking distance - from fresh seafood to cozy neighborhood restaurants. Whether you choose a waterfront meal or a stroll along the Embarcadero, the evening feels open, inviting, and full of possibility as you settle into the final chapter of your adventure.

Day 8 – San Francisco Discovery Day & California Farewell Dinner

Breakfast & dinner included; lunch on own

Today is dedicated to exploring San Francisco at your own pace using a **Hop-On/Hop-Off sightseeing pass**, giving you the freedom to discover the city's most iconic neighborhoods and viewpoints. Whether you choose to wander the murals of the Mission District, explore the Victorian charm of Alamo Square, ride through the steep streets of Russian Hill, or pause at the Golden Gate Bridge for sweeping views of the Bay, the day is yours to shape. The open-air buses make it easy to hop off for a café stop, a museum visit, or a waterfront stroll, then rejoin the route whenever you're ready. It's a relaxed, flexible way to experience the city's vibrant culture, architecture, and coastal scenery.

San Francisco is a city defined by contrasts - steep hills and soft fog, historic cable cars and modern innovation, quiet neighborhoods tucked beside lively waterfronts. Its blend of cultures, cuisines, and creative energy makes it one of California's most beloved destinations. From the pastel row houses of the Marina to the bustling streets of Chinatown, every corner of the city offers a new perspective and a sense of discovery. Today's open schedule invites you to explore what resonates most, whether that's art, food, history, or simply the joy of wandering.

As the day winds down, the group gathers at **Fisherman's Wharf** for your **California Farewell Dinner**. This historic waterfront district offers a wide range of dining options - from fresh seafood and classic sourdough to cozy bistros with views of the Bay. With fishing boats bobbing in the harbor and the evening light settling over



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the water, Fisherman's Wharf provides a festive, coastal atmosphere perfect for your final night together. It's a warm, celebratory close to your California adventure, filled with shared stories, good food, and the glow of a week well spent.

Day 9 – Departure Day: Farewell California!

Breakfast included but dependent upon departure time; other meals on own

Most groups depart San Francisco in the morning, so today begins with a smooth, easy transition from the hotel to the airport. If time allows, you may enjoy a brief stroll along the Embarcadero or a quick café breakfast nearby, but the focus of the morning is a relaxed, well-paced departure. After a week filled with Yosemite's granite walls, coastal views, and vibrant city exploration, this final stretch offers a quiet moment to reflect on the experiences, connections, and accomplishments that shaped your adventure.

Your airport transfer brings the group to SFO for your flight home. As you travel, you carry with you the memories of Yosemite's iconic climbs, the glow of sunset on the Bay, and the shared moments that made this journey meaningful. It's a smooth, thoughtful close to your California chapter.

Goodbye California!

Thank you for adventuring with us! We can't wait to welcome you on your next Summit journey.



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SUMMIT & STONE

THE YOSEMITE EXPERIENCE

Minimum Booking Numbers: 20 paying passengers

What's Included:

- ✓ Roundtrip flights / motorcoach to California
- ✓ 8-nights' accommodation in California: 6-nights in Yosemite, 2-nights San Francisco
- ✓ California airport transfers and local transfers via coach/shuttle
- ✓ Group meals as shown in the itinerary: 8 breakfasts, 5 lunches & 5 dinners
- ✓ Climb inclusions: 3-days Crag (days 2, 3 & 5) & 1-day Multi-Pitch
- ✓ All equipment
- ✓ Local Mountain Guide team
- ✓ Guided Mist Trail Hike with a Yosemite Naturalist
- ✓ Evening Activities:
 - Champagne & Sunset at Sentinel Bridge
 - Ranger-led Astronomy Night Sky Program
 - Sunset Photography Hour
 - Fire Pit Social
- ✓ San Francisco Hop-On/Off Bus Tour
- ✓ San Francisco Bay Cruise
- ✓ Personal Tour Director
- ✓ 24-hour emergency cover

What's Not Included:

- ⊗ Fully comprehensive insurance (**mandatory**; available during registration)
- ⊗ Baggage costs, pay directly to airline if required
- ⊗ Baggage handling - everyone should be able to pull / load their own bag
- ⊗ Transfers to/from home airport
- ⊗ Any meals, snacks or beverages other than the ones states as "included" on the itinerary
- ⊗ Meal selections other than ones provided for the entire group (we are generally able to cater for allergy conditions, vegetarians, halal and in some cases vegan)
- ⊗ Alcoholic beverages (pay on own)
- ⊗ Cost of personal passports, visas or visa waiver fees
- ⊗ Cost of inoculations or medication required for travel
- ⊗ Sightseeing / Entertainment / Transport not shown in Itinerary
- ⊗ Hotel incidental deposits & bills – mini-bar, movies, etc.
- ⊗ Gratuities – drivers, hotel services, local guides, tour director
- ⊗ Credit card fees if individuals wish to pay via credit card instead of ACH
- ⊗ Additional taxes, fuel surcharges or fees levied by governments / suppliers

As always, our staff are always available to you to answer any questions you may have regarding programming.
If we may serve you in any way, please do not hesitate to contact us.



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