

HAMMOCK EXPEDITIONS

MISSIONS & SERVICE

PHILIPPINES



THE MISSION

The Philippines are made up of 7,107 islands and has an extremely diverse population. Many of these islands are home to remote villages and the Philippine healthcare system struggles to successfully deliver healthcare to these communities. Overall, the healthcare system in the Philippines is of high standard, however services and quality varies widely between rural and urban areas. There is also a critical need for economic and dependable medical equipment, and gaps between the quality and quantity of health services exist between the poor and the rich. The Philippine healthcare system is decentralized, which leaves the local level to be primarily responsible for the delivery of healthcare services and public health initiatives. This can make it harder for the most vulnerable populations and the most rural to have reliable access to health education and health services.

In 2013, Typhoon Haiyan became one of the most powerful tropical cyclones ever recorded. When Haiyan made landfall, it devastated portions of Southeast Asia, particularly in the Philippines. Haiyan is known as one of the deadliest Philippine typhoons on record. Reports estimate that it killed at least 6,300 people in the Philippines alone. The Philippines started to face a humanitarian crisis as millions of people became displaced in the aftermath of Haiyan with the destruction of homes and important infrastructure. This makes the population of the Philippines more vulnerable and susceptible to diseases due to the lack of food, clean water, shelter, and medication.

Join our team in the Philippines as they continue to provide and assist new villages that need medical care and health education. Thanks to the special invitation that was received from the Philippine government, this trip will take us to remote island communities that have an especially difficult time accessing healthcare.



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LODGING & TRANSPORTATION

You will most likely be working in and around Davao City on this trip, however sites are subject to change until confirmed. Your accommodations will be a comfortable hotel situated to give you plenty of opportunity to explore all the city has to offer.

HIGHLIGHTS

Your time in the Philippines will be spent caring for people who rarely get comprehensive care. You will have the opportunity to work alongside wonderful public health nurses. Your ground host is one of the top physicians in the Philippines with extensive disaster experience. Working side by side with these remarkable healthcare providers is certainly one of the many highlights of this trip.

ITINERARY AT A GLANCE

Day 1	Arrival & Orientation
Day 2	Clinic
Day 3	Clinic
Day 4	Clinic
Day 5	Clinic
Day 6	Training / Free Day
Day 7	Depart for Home

Day 1 – Dinner included

Teams will arrive in Davao City. Upon arrival, you will transfer to your hotel where you can check in and freshen up. You will enjoy a hearty dinner and attend the team orientation to prepare you for the upcoming week of clinic. Your team leader will assign roles for clinic, address clinic protocols, and discuss the communities you will be serving in the surrounding areas.

Days 2, 3, 4 & 5 – Breakfast, lunch & dinner included

After a hearty breakfast that will include plenty of fresh local fruit – the spiky durian fruit grows everywhere! – you will head out for clinic. You will find many children, their parents, and elderly patients waiting eagerly for you in the neighborhoods that you will visit. You may also have opportunities to go on house calls to visit patients who are unable to make it to clinic.

You will likely see patients with pneumonia, ear infections, wounds, animal bites, and non-communicable diseases. During your clinic days, you will have the opportunity to work side-by-side with local doctors, nurses, and EMS personnel who are anxious to learn from you, as well as share their knowledge about medical care in the Philippines.

One of the highlights of your week will be sharing knowledge through sustainable community education classes. Teaching students to care for themselves and their families leads to healthier communities.



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Day 6 – Breakfast, lunch & dinner included

You and your team will assist in providing training for local healthcare providers to continue long-term, sustainable education efforts. Education is as important as medical and dental care for our patients. Each clinic includes basic health education according to the specialties and skills of the volunteers, as well as the needs of the local people. When communities become empowered to take health and wellness issues into their own hands, they become self-sufficient. Our ground team provides learning opportunities for the local communities through classes and hands-on learning to sustain their well-being beyond our visit.

After training, the day is yours to take in some of the cultural wonders of Davao and Mindanao Island. Take a hike up Mount Apo, a boat ride to pristine Samal Island, or head off on foot to explore the city.

Day 7 - Breakfast

Enjoy a final breakfast with your fellow team members before bidding farewell to the beautiful Philippines! Thank you for your service!

MISSION INCLUSIONS

International flights
Transportation
Lodging
Costs associated with the clinic
Food & Beverages
All logistics, including translation services and security as needed
2 sets of scrubs per person
Travel pack with water bottle, journal, luggage tags and more
Personal Tour Ambassador assigned to your group

NOT INCLUDED

Passport fees, visa fees, and transit fees if required
Luggage fees if not included with airline ticketing
Fully comprehensive insurance (mandatory)
Coach transfers to/from home airport
Meals on travel days other than what is specified
Single occupancy supplement fees
Vaccinations and medications common for travel
Spending money for souvenirs and personal purchases
Required mission supplies or personal equipment
COVID-related fees such as testing, vaccinations and quarantines
Additional Sightseeing / Entertainment Options
Any gratuities – Tour Ambassador, local guides

Each team is responsible for carrying medical supplies for the deployment.

All fees associated with transport are the responsibility of the volunteer.



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This mission is offered through our partnership with International Medical Relief. As always, our staff are always available to answer any questions you may have regarding programming. If we may serve you in any way, please do not hesitate to contact us.



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