



# HAMMOCK EXPEDITIONS

**Tour:** **NYC Discovery**  
**Destination:** Manhattan, New York  
**Itinerary:** 6-days / 5-nights

NYC DISCOVERY						
Day	Morning		Afternoon		Evening	
1	Travel to New York City; transfer to Hotel			Welcome, Safety & Orientation	Welcome Dinner	Times Square Evening Exploration
2	Wall Street & the Financial District - Guided Tour		Statue of Liberty & Ellis Island + Ellis Island National Immigration Museum with Audio Guides		Dinner & Group Photo	
3	9/11 Memorial & Museum	Hike the High Line	Times Square Shopping	Columbia University Campus Tour	Dinner	Empire State Building
4	The American Museum of Natural History + Rose Center			Tenement Museum & Workshop	Dinner	Broadway Show
5	Disney's 'Behind the Magic' Theatre Tour	United Nations Visitor's Center		The Metropolitan Museum of Art	Farewell Dinner	
6	Travel Home					



As with all sample itineraries, please be advised that this is an 'example' of a schedule and that the activities and hotels shown may be variable dependent upon dates, weather, special requests and other factors. Itineraries will be confirmed prior to travel.



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## Day 1

Dinner

*New York City...* Immerse yourself in New York City for five minutes and you'll see why it's like no other place on earth. It's why countless people have pinned their dreams on the place, thrown caution to the wind and shown up on its doorstep. And it's why visitors keep streaming in from all corners of the globe, grasping at their silver-screen visions – and finding them – but discovering plenty more on the way. New York is a city that's got so many sides and so much to offer that it can be intimidating at times but visit with an open mind and you're likely to fall in love with this city. The buildings are soaring, look-at-me towers; crowds are boisterous and diverse; zillions of restaurants and shops cater every conceivable taste; museums and performance venues offer everything from masterworks to avant-garde creations. Around almost any corner is a commingling of energy, congruous and clashing at the same time. The result is messy, beautiful, and very New York!



### *Did you know?*

- ✓ The term “Big Apple” originally referred to horse racing! The city got its most famous nickname from a local newspaper’s horse racing column in the 1920s. Prior to the city’s adoption of the nickname, the phrase “Big Apple” was used to describe a big money prize at horse races held around the city.
- ✓ New Yorkers speak approximately 800 languages. Over 37 percent of New Yorkers were born in another country, so it’s unsurprising that the city’s residents speak a wide range of languages—but by any account, 800 is impressive. 4 in 10 households speak a language other than English.
- ✓ Most of us associate cowboys with the Wild West—not the West Side of Manhattan. But from 1850 to 1941, New York’s 10th Avenue had its own special team of cowboys. Responsible for wrangling people rather than cows, the West Side Cowboys would ride on horseback ahead of the freight trains that ran down the middle of the street, warning people to get out of the way.
- ✓ NYC’s population is the highest of any American city and a little over 8 million people live in the City. It means 1 in every 38 people in the United States call the city home. With over 27,000 people per square mile, it’s not just the densest major city, it also accounts for more than 40 percent of New York State’s entire population.
- ✓ The Bronx takes its name from its first European settler. Jonas Bronck, who moved to America from



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Sweden in 1639, was the first European to settle in the Bronx. His farm, covering about 500 acres, was referred to as “Bronck’s Land,” and the river was called “Bronck’s River.” Over the years, people started calling the whole area the “Bronx”.

- ✓ France gifted the Statue of Liberty to the United States in 1886 for its centennial celebration. The statue was shipped as 350 pieces in 214 crates and took 4 months to assemble at its current home on Ellis Island.
- ✓ New York City’s Federal Reserve Bank has the largest gold storage in the world. The vault is 80 feet below street level and contains \$90 billion in gold.
- ✓ The first pizzeria in the United States opened in NYC in 1895. Since the 1960s, the price of a slice of pizza has been roughly the same price as a subway ride, generating the idea of “Pizza Principle” among economists.
- ✓ Times Square is named after the New York Times. It was originally called Longacre Square until the Times moved there in 1904.
- ✓ New York City became the first capital of the United States in 1789.

On arrival in the city, we’ll be met at the airport, load our coach and transfer to our hotel. After check-in and getting sorted in our rooms, we will have our **Welcome, Safety & Orientation Meeting**. Later, we’ll have our Welcome Dinner in Times Square this evening. If you arrive early enough, we’d love to help you plan some activities. There’s so much to do in NYC!

**Rooming:** Typical Manhattan hotel rooms have two full-size beds and sleep 4 pupils per room. If you prefer one student per bedspace, please let us know and we can adjust costs as needed. Teachers sleep one person per bed with up to 2 staff in each room. All rooming is based on gender. Please do understand that hotel rooms in NYC are expensive and this is why we always try to maximize occupancy. The most cost-effective times of the year to stay in NYC are January through March; the most expensive times are October and December. Summer can be a great time for hotel rates, but please beware of possible increased airfares if flying.



**Times Square Exploration** – Times Square is a major commercial intersection, tourist destination, entertainment center and neighborhood in the Midtown Manhattan section of NYC at the junction of Broadway and 7<sup>th</sup> Avenue. Brightly lit by numerous billboards and advertisements, it stretches from West 42<sup>nd</sup> to West 47<sup>th</sup> Streets, and is sometimes referred to as “the Crossroads of the World”, “the Center of the Universe”, “the Heart of the Great White Way”, and “the Heart of the World.” It is one of the world’s busiest pedestrian areas, the hub of the Broadway Theater District, and a major center of the world’s entertainment industry. Times Square is one of the world’s most visited tourist attractions, drawing an estimated 50 million visitors annually. Approximately



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330,000 people pass through Times Square daily, many of them tourists, while over 460,000 pedestrians walk through Times Square on its busiest days.

## **Day 2**

Breakfast & dinner

Rise and shine Manhattan! After breakfast, we'll get started on our itinerary. Full speed ahead!

***Wall Street & the Financial District Walking Tour*** – As insiders, these guides have many stories to share from the trenches of Wall Street. They put faces and events to the buildings and landmarks to personify and demystify Wall Street. Meandering the narrow, winding streets of lower Manhattan, you'll hear stories that will entertain, inform and shock! Learn about 400 years of history that led to modern Wall Street from the Dutch trading outpost to the humble beginnings of the NYSE to the current financial markets. The itinerary includes the New York Stock Exchange, Wall Street Federal Hall, House of Morgan, 40 Wall Mercantile Exchange, Cotton Exchange Pearl Street, Deutsche Bank, Lehman Brothers, Goldman Sachs, Charging Bull, Bowling Green, Canon of Heroes, Trinity Church and the Federal Reserve.

Next, we're in for a real treat....

***Statue of Liberty & Liberty Island exploration, plus the Ellis Island Immigration Museum*** – Departing from Battery Park, get a chance to see the Statue of Liberty National Monument and the Ellis Island National Immigration Museum in this absolutely fascinating journey. Enjoy an audio tour and get an in-depth look at America's enduring symbol of freedom: **The Statue of Liberty**. Continue to Ellis Island for access to the **Ellis Island Immigration Museum** and free time to explore. Indoor and outdoor seating is available; concessions and souvenirs are available on board. Be sure to wear comfortable clothing and shoes!



This evening, we'll have dinner locally and then meet in Times Square for a **Group Photo!**

## **Day 3**

Breakfast & dinner

Good morning NYC! After breakfast today, we'll travel to lower Manhattan to the site of 9-11.

***Ground Zero 9/11 Memorial and Museum*** - The National September 11 Memorial & Museum commemorate the September 11, 2001 attacks which killed 2,977 victims, and the World Trade Center bombing of 1993, which



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killed six. The Museum offers a diverse set of inquiry-based exhibits designed to challenge students to think critically about a wide range of topics related to 9/11.



After, we'll clear our minds by taking a Hike on the High Line.

**Hike the High Line** - The High Line is a public park built on a historic freight rail line elevated above the streets on Manhattan's West Side. Saved from demolition by neighborhood residents and the City of New York, the High Line opened in 2009 as a hybrid public space where visitors experience nature, art, history, engineering, horticulture and design.

The High Line offers unique teaching tools for schools and educators. More than 6,000 students visit the High Line each year on self-guided experiences. Register your visit [HERE](#) to receive your free resource kit—a PDF packet of pre/post classroom activities, educational content about the High Line, and a printable handout for use during a trip to the High Line.



This afternoon we'll have a bit of **free time** to use however we want! Maybe shopping at Macy's or just generally around Times Square, perhaps Rockefeller Center or even a walk through one of NYC's famous neighborhoods like Little Italy, Chinatown, or Greenwich Village? Or maybe just rest and relax. Whatever you want to do, enjoy!

Later in the day we'll set off for Columbia University for a **self-guided** Campus Tour.



**Columbia University Campus Tour** - Columbia University is a **private Ivy League research university** in New York City. Established in 1754 on the grounds of Trinity Church in Manhattan, Columbia is the oldest institution of higher education in New York and the fifth-oldest institution of higher learning in the United States. It is one of nine colonial colleges founded prior to the Declaration of Independence, seven of which belong to the Ivy League. It has been ranked by numerous major education publications as among the top ten universities in the world.

Columbia scientists and scholars have played an important role in the development of notable scientific fields and breakthroughs including brain-computer interface, the laser and maser, nuclear magnetic resonance, the first nuclear pile, the first nuclear fission reaction in the Americas, Thomas Hunt Morgan's drosophila experiment – considered the origin of modern genetics, the first evidence for plate tectonics and continental drift, and much of the initial research and planning of



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the Manhattan Project during World War II. The Columbia University Physics Department has been affiliated with 33 Nobel Prize winners as alumni, faculty or research staff, the third most of any American institution behind MIT and Harvard. In addition, 22 Nobel Prize winners in Physiology or Medicine have been affiliated with Columbia, the third most of any American institution.

In 2019, Columbia's undergraduate acceptance rate was 5.1%, making it one of the most selective colleges in the United States, and the second most selective in the Ivy League after Harvard. Columbia is ranked as the 3rd best university in the United States by U.S. News & World Report behind Princeton and Harvard. The university's endowment stood at \$10.9 billion in 2019, among the largest of any academic institution.

As of 2018, Columbia's alumni and affiliates include: five Founding Fathers of the United States—among them an author of the United States Constitution and a co-author of the Declaration of Independence; three U.S. presidents; 29 foreign heads of state; ten Justices of the United States Supreme Court, two of whom currently serve; 96 Nobel laureates; 101 National Academy members; 53 living billionaires; eleven Olympic medalists; 33 Academy Award winners; and 125 Pulitzer Prize recipients.

We'll have dinner locally this evening then continue on our tour with the Empire State Building.



**The Empire State Building** - New York's famous Empire State Building, a New York City and National Historic landmark, soars more than a quarter of a mile into the atmosphere above the heart of Manhattan. Located on the 86th floor, 1,050 feet (320 meters) above the city's bustling streets, the Observatory offers an immersive experience with panoramic views from within a glass enclosed pavilion and from the surrounding open-air promenade. The building, one of New York City's main tourist attractions, offers a variety of activities. Check out the two-story building model and stunning art deco ceiling murals along with the historical "Dare to Dream" exhibit. There are restaurants, a sushi bar, coffee shops, a drug store, a post office and two banks in addition to the plethora of restaurants and nightlife activities in the surrounding area.

The Observation Deck wraps around the building's spire, providing 360-degree views of New York and beyond. From up here you'll get one-of-a-kind views of Central Park, The Hudson River and East River, The Brooklyn Bridge, Times Square, The Statue of Liberty, and much more. Their official Observatory Experience app teaches you about your view from every direction. Then, take advantage of the high-powered binoculars to get a closer look!

#### **Day 4**

Breakfast & dinner

Rise and shine Manhattan! After breakfast at our hotel, we'll head to explore the AMNH.



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***The American Museum of Natural History*** - Get ready to experience one of the finest museums in the world. Voted as the “*top rated NYC tourist attraction*” and the “*3<sup>rd</sup> most popular tourist attraction in the United States,*” this experience is for learners of all ages. This excursion includes the Museum’s permanent collection and the Rose Center for Earth and Space. IMAX films and space shows at the Planetarium are available at extra cost.



Next stop – The Tenement Museum!

***The Tenement Museum: Telling America’s Story*** - The Tenement Museum preserves and interprets the history of immigration through the personal experiences of generations of newcomers who settled in and built lives on Manhattan's Lower East Side, America's iconic immigrant neighborhood. The Museum forges emotional connections between visitors and immigrants past and present, enhancing appreciation for the profound role immigration has played and continues to play in shaping America's evolving national identity. The Tenement Museum tells the stories of 97 Orchard Street, built in 1863 and home to nearly 7000 working class immigrants. They faced challenges we understand today: making a new life, working for a better future, starting a family with limited means.



Then, choose one of the following special workshops/tours:

- ✚ ***Then and Now Tour: Who controls a neighborhood?*** - Discuss how public spaces and buildings shape a community's identity. Learn how to read the history of change in a neighborhood. Stops include an Asian temple, a depression-era park turned community garden, and a synagogue that became a church.
- ✚ ***Foods of the Lower East Side: How has immigration shaped American food culture?*** Students investigate the food culture of the Lower East Side. As they sample local treats representative of the neighborhood's rich history, they explore the interplay between American and immigrant food ways.
- ✚ ***Sweatshop Workers: How does your job affect your life?*** Visit the homes of two Jewish families who lived at 97 Orchard Street during the great wave of immigration. Learn about the jobs the Levine and Rogarshevsky families found in the garment industry and how work influences a family home, cultural traditions, and social lives.
- ✚ ***Irish Outsiders: What is it like to be an outsider?*** Experience the immigrant saga through the music, images, and artifacts of Irish America. Visit the 1869 home of the Moores, Irish immigrants coping with the death of a child and explore issues of discrimination, healthcare, and survival.



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- ✚ **Shop Life: What roles do stores play in a community?** Discover the story of businesses that once operated in 97 Orchard Street, including an 1870s German saloon and family restaurant, a 1900s butcher shop, and a 1970s underwear store. Students use objects and technology to examine the important role that stores have played and continue to play within immigrant community life.

After an early dinner this evening, we are off to Broadway



**Broadway Show** – There’s nothing quite like seeing a show on Broadway! Watch magic come alive with incredible performers, sets and scenes. Imagination turns into reality when you sit back and take it all in. We’ll give you show possibilities and you pick the performance. Seating is based on student ticketing which is usually balcony level. We use a show budget which will have several options to choose from. If you desire a specific show and/or specific seats, simply let us know and we will determine applicable upgrade fees.

### Day 5

Breakfast & dinner

Good morning NYC! After breakfast we will start our last day of adventure. First stop, Disney’s New Amsterdam Theatre!

**New Amsterdam Theatre Tour** - Located in the heart of Broadway, the New Amsterdam Behind-the-Magic Tour is an amazing experience for guests of all ages. Your group will discover the beautifully restored art and architecture of this landmark Broadway theatre built in 1903, once home to the legendary Ziegfeld Follies. Then your group will explore the history and magic of Disney Theatrical Productions in the **prop studio** by getting up-close and personal with original props, costumes, and set pieces that bring the world of Disney Theatrical to life on stage. A definite hit with our groups!



After we have had a chance to check out all the amazing props, we’ll head to the United Nations.



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**The United Nations Visitor's Center** – Tour the United Nations for a behind-the-scenes look at UN Headquarters and learn more about the UN's global impact. A one-hour guided tour offers an exciting opportunity to discover UN Headquarters. One of our multilingual Tour Guides will take you on a brief journey through the corridors of international diplomacy. You will learn about the history and work of the United Nations and visit the famous General Assembly Hall and Security Council Chamber. Your guided tour lasts approximately one hour. Tours are offered in all six official languages of the United Nations

**GIRLS SCHOOLS:** A special women's tour is also available, please let us know if you would prefer this over the standard tour: The Special Tour introduces significant women in UN history and today (e.g. Eleanor Roosevelt, Amina Mohammed, Michelle Bachelet) and will cover topics such as Resolution 1325, the unique contribution and growing numbers of female peacekeepers, women's contribution in the drafting of the Universal Declaration of Human Rights, SDG 5 on gender equality and how it connects to other goals, the Beijing Platform of Action, Generation Equality, and various General Assembly resolutions that highlight international action on women's issues.

Finally, we will round out our day with some incredible art!



**The Metropolitan Museum of Art** – The Met presents over 5,000 years of art from around the world for everyone to experience and enjoy. It is the largest art museum in the United States and its permanent collection contains over two million works, divided among 17 curatorial departments. Since it was founded in 1870, The Met has always aspired to be more than a treasury of rare and beautiful objects. Every day, art comes alive in the Museum's galleries and through its exhibitions and events, revealing both new ideas and unexpected connections across time and across cultures.

The museum's permanent collection consists of works of art from classical antiquity and ancient Egypt, paintings, and sculptures from nearly all the European masters, and an extensive collection of American and modern art. The Met maintains extensive holdings of African, Asian, Oceanian, Byzantine, and Islamic art. The museum is home to encyclopedic collections of musical instruments, costumes, and accessories, as well as antique weapons and armor from around the world. Several notable interiors, ranging from 1st-century Rome through modern American design, are installed in its galleries.

This evening we will have our **Farewell Dinner** in Times Square.



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## **Day 6**

Breakfast

Hello Manhattan!! After breakfast in our hotel we will formally check-out and then load our luggage, departing New York. If you have extra time, please allow us to assist you in customizing your day prior to departure. Some areas of interest may include:

[Brooklyn Chocolate Tour](#)

[The Metropolitan Museum of Art](#)

[City Sights Hop On/Off Tour](#)

[Mo Math: National Museum of Mathematics](#)

[NBC Studio Tour](#)

[NY Mets – Baseball \(spring / summer\)](#)

[NYC Food Tours](#)

[NYC Public Library](#)

[One World Observatory](#)

[Spyscape](#)

[Central Park Bicycle Rental](#)

[Cathedral Church St. John - Vertical Tour & Art Class](#)

[Dave & Busters](#)

[Museum of Modern Art](#)

[New York Aquarium](#)

[NY Yankees – Baseball \(spring / summer\)](#)

[NYC Historical Society Museum](#)

[NYC Transit Museum & Master Class](#)

[Radio City Music Hall](#)

[The Guggenheim](#)

After any last excursions, we'll say goodbye to New York, waving to our new friends and hopefully, taking away memories that will last a lifetime!



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# NYC DISCOVERY

**Minimum Booking Numbers:** 20 students

**What's Included:**

- Roundtrip flights or motorcoach transfers
- 5-nights' accommodation in Manhattan
- Breakfasts and dinners daily
- Airport transfers vis motorcoach
- Metro Card for activity transfers in NYC
- Times Square excursion
- Group Photography in Times Square
- Wall Street & the Financial District Guided Tour
- State of Liberty & Ellis Island Museum excursions with Audio Guides
- 9-11 Memorial & Museum
- High Line Hike
- Times Square Shopping
- Empire State Building
- Columbia University Campus Visit
- American Museum of Natural History & Rose Center
- Tenement Museum & Specialty Tour/Class
- Broadway Show
- Disney's 'Behind the Magic' Theatre Tour
- United Nations Visitor's Center
- The Metropolitan Museum of Art
- Personal Tour Director
- 24-hour emergency cover

**What's Not Included:**

- Fully comprehensive insurance (mandatory)
- Transfers to/from home airport
- Luggage fees if not included with airline ticketing
- Transportation for activities not shown in the itinerary
- Lunches, snacks or beverages other than at mealtimes
- Cost of visas, full or collective passports
- Cost of inoculations or medication required for travel
- Sightseeing / Entertainment Options not shown
- Hotel incidental deposits & bills – meals, mini-bar items, recreation, purchases billed to room, etc.
- Any gratuities – drivers, hotel services, area guides, tour ambassador

As always, our staff are always available to you to answer any questions you may have regarding programming. If we may serve you in any way, please do not hesitate to contact us.



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